

# Serena Jimyn Soh

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## EDUCATION

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### Stanford University | 2021- Present

Ph.D. Communication—Media Psychology  
Advisor: Professor Gabriella Harari

### Stanford University | 2020-2021

M.A. in Communication—Media Studies  
Advisor: Professor James Hamilton

*Thesis: "How We Can Harness Ecological Momentary Interventions to Improve Problematic Smartphone Use and Consequences Related to Mental Well-being"*

### Stanford University | 2017-2021

B.A. in Communication  
Double Minor: Mathematics  
Modern Languages (French & Spanish)

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## RESEARCH INTERESTS

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Digital media use, well-being and mental health, personality, behavior change, prosocial behavior, mobile sensing, mobile interventions

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## RESEARCH EXPERIENCE

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### *Research Assistant, University of Texas at Austin Department of Psychology | 2020-Present*

In collaboration with Stanford University | PI: Dr. Gabriella Harari & Samuel Gosling

### *Research Assistant, Stanford Department of Communication | 2019-Present*

Media and Personality Lab | PI: Dr. Gabriella Harari

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## CONFERENCES

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Soh, S.J., Talafar, S., Harari, G.M. (2021, February) *Examining How Screen Time Correlates With Contentment and Connectedness During COVID-19*. Poster presented virtually at SPSP 2021 Annual Convention.

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## AFFILIATIONS

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Society for Personality and Social Psychology (SPSP)